

Uptown Fresh

EAT FRESH & LOCAL

SALAD MENU

Monday : Herbed Paneer Salad

Lettuce, Paneer, Cabbage, Cucumber
Mix Pepper, Crispy Moong Dal, Microgreen
Dressing : In House Herbed Sauce

Tuesday : Peri Peri Chickpeas

Lettuce Mix, Crispy Chickpeas, Capsicum
Olives, Tomatoes, Microgreen
Dressing : In House Peri Peri Sauce

Wednesday : Pesto Zoodles

Lettuce Mix, Zucchini Noodles, Olives
Tofu, Cherry Tomatoes
Dressing : In House Pesto Sauce

Thursday : Burrtio Bowl

Lettuce, Mix Bell Pepper, Kidney Beans, Corn
Brown Rice, Salsa, Jalapeño, Nacho Chips
Dressing : In House Mexcian Sauce

Friday : Quinoa Nourish Bowl

Lettuce, Quinoa, Red Pepper, Cucumber
Carrtos, Red Cabbage, Green Onions, Peanuts
Dressing : In House Soy Vinaigrette

Saturday : Bum-Bai Style

Lettuce, Mix Lentils, Peanuts, Tomatoes
Pomegranate, Corn, Puffed Rice, Raw Mango
Dressing : In House Tangy Chilli Sauce



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WRAP MENU

Monday : Grilled Paneer Wrap

Lettuce Mix, Grilled Paneer, Red Cabbage
Roasted Red Pepper, Mozzarella Cheese
Herb Tortilla | Spicy Mayo Dip

Tuesday : Chipotle Cheddar Wrap

Lettuce, Brown Rice, Carrots, Red Cabbage
Kidney Beans, Corn, Green Onion
Spinach Tortilla | Chipotle Cheddar Dip

Wednesday : Mushroom Kathi Wrap

Lettuce, Mushroom, Cabbage, Onion
Yellow Pepper, Tomatoes
Multigrain Tortilla | Spicy Mint Dip

Thursday : Hara Bhara Kebab Wrap

Lettuce, Hara Bhara Kebab, Carrots
Onions, Tomatoes, Microgreen
Turmeric Tortilla | Tandoori Dip

Friday : Taco Crunch Wrap

Lettuce Mix, Taco Filling, Cabbage Mix
Tomatoes, Green Onion, Fresh Jalapeño
Herb tortilla | Jalapeño Crema Dip

Saturday : Brown Rice Wrap

Lettuce, Brown Rice, Bell Pepper, Mushroom
Carrots, Red Cabbage **ADD ON : PANEER**
Multigrain Tortilla | Peri Peri Dip



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